



ElderCollege

learning in retirement

ElderCollege Newsletter

December 2006

www.eldercollege.unr.edu

President's Message

The weather reminds us that winter is on its way. With that, the holidays and all the fun and work they bring. I am so pleased with the way things are going. We have an expanded sound system, and the store room is neat and clean. (Thanks to that crew.) The holiday tree seems to be decorated like magic and classes are running smoothly. Of course, we live in a world where everything is not perfect, so we just keep trying to improve on our already great system. If there is one thing I would like to see, it's a little more participation from the masses. You are all aware that everything you see has to be done by someone. All my good thoughts go out to my board. They all work tirelessly and at break-neck speed to get your curriculum planned, your newsletter out, your classes opened up for, publicity organized, and on and on. Always remember that "many hands make light work" especially holds true for ElderCollege. May the coming holidays be warm and wonderful for you and your families. Don't forget, I am just a phone call away and would love to hear from you if you have any ideas.

LaMerne

Many thanks to the willing hands of Zane Nelson, Bob Eaton, Joyce Starling, Louise Lang, JoAnn Ballard, and Pat Zimmerman for spending their Sunday cleaning and reorganizing the storerooms and coffee area. Take a minute to look at the handiwork...we are very proud.

Pat Z.

ELDERS

They do not know us who have called us sad,
Who painted us in postures of defeat,
That think we've lost what sense we ever had,
Expect us all to totter on our feet.

Too long we've been diminished for our years
When time has brought us treasures we can share.
They've seen in us reflections of their fears.
We've seen such storms that we call these days fair.

For we are Fortune's favorites who survive
Though trouble is our old familiar friend.
Our will to keep on learning is alive
And we'll keep sharing laughter to the end.

We have not lost our wonder or delight.
We see the dawn where others see the night.

Marlyn Mather



SUNDIAL BRIDGE TRIP

Is anyone interested in a trip in spring to the **Sundial Bridge** in Redding, Calif.? Western Discovery has an exciting overnight plan that also includes Turtle Bay Exploration Park, a professional guide, meals, hotel, motorcoach, and more. Call me at 322-8700 or email me at contactme@lanset.com. Louise Lang

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Looking to Give More Back to Others?

It only takes one to three hours a week to make a difference in an elderly person's life! Volunteers are needed to visit the elderly who are lonely and isolated in their own homes. This may include taking walks, errands, and reading. Please call (775) 784-1807 at Senior Outreach Services (SOS), a community outreach program under the Retired and Senior Volunteer Program sponsored by the Sanford Center for Aging at the University of Nevada, Reno.